



THUPI KHENNELNA 2026

# Khrist Nungzui Bawl Un

MATTHAI 28:19 #

**JANUARY**

THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>TUAILAI PAWL DINSAN LEH SEPDINGTE SUUTKIKNA</b></p> <p>EBC Kiphuhkhiatna Dan (Constitution) pek A:14,15 a Article 4.7 sung a Tualsung Baptist Youth Fellowship Genchetna leh sepding kigente suutkhawmthakna neih a; i sepkhiatdante veelkhawmna neih ding. Huai banah, tukum thupi leh Vision'33 SDG te suutkhawmna neih ding.</p> <p>Sam 19:7-9;1:1-3, Pau. 29: 18, Deut. 4:6, Kol. 3:23.</p>	<ol style="list-style-type: none"> <li>1. BYF dinsante suutkhawm thak ding. Huai tungtawn a i hatna leh i bahnate zonkhiaak a kalsuan dingdan gel ding.</li> <li>2. BYF in nungzuihna leh nungzuibawlina tuppi pen a nei gige ahindan phawkthak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Laisiangthou a kibulphuh BYF dinsan leh sepding a kigente suutkhawmna leh kitheihsiamsakna neih ding.</li> <li>2. Tukum BYF thupi khennate etkhawmna leh suutkhawmna neih a, huai pansan a Year Plan leh Budget bawl ding.</li> <li>3. Tuailai2025 a kiluikhia vision'33 leh SDG sagihthe suutkhawmna neih ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. I thupi sepkhiatna ding a group khenna neihtouh ding.</li> <li>2. Group te "Nungzuihna Bial/Discipleship Circles" hithei ding a geel ding.</li> <li>3. BYF kikhopnate "fellowship" a zat hun neihting: ki-umkual a tukhawm a phatna laa sakkhawm, Laisiangthou simkhawm, thumkhawmna. Dohdantung luahtuam omlou a kithuahkhawmna hun neihtel ding.</li> </ol>



THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>NUNgzUIHNA KIBULPHUHNA (FOUNDATIONS OF DISCIPLESHIP) (SDG1)</b></p> <p>Tuailaite Toupa Jesu sinsak thutak leh khalam hinkhua a kibulphuhthakna neih ding. Toupa Jesu nungzui ding a tuailaite kipiakhakna leh "leitung thupil leh thuhoih" tuamtuamte a kingalou a, Laisiangthou sinsakna liauliau a kingakhakna neih ding.</p> <p>Matt 28:18-20, Luke 9:23-24; 14:25-27, Johan 8:31-32; 13:34-35; 15:1-10, 1 Kor. 3:10-11, Kol. 1:28-29, Heb. 5:12-14, 1 Johan 4:19, Sam 1:1-3</p>	<ol style="list-style-type: none"> <li>Laisiangthou' sinsak nungzuihna theihchet ding.</li> <li>Toupa Jesu Khrist tungnunna; zuihtak Hondamtu, Heutu, Sinsaktu leh Belam-pu Hoih ahihdan theihchet ding.</li> <li>Nungzuihna kichi mimal a pat ding ahihdan kisinsak ding. Mimal a thupukna lak ding ahihdan leh pianthakna toh kizui ngeingei ahihdan theihchet ding.</li> </ol>	<ol style="list-style-type: none"> <li>Toupa Jesu sinsakdan Nungzuihna kisinsakna neih ding: workshop, seminar, training mahni lemtan bang a sai ding.</li> <li>Niteng hinkhua leh Nungzuihna kizopna kisinsak ding: Nungzuihna kichi mimal hinkhua a lahkhiak ding ahihdan leh lahkhiaktheih-dante kisinsakna neih ding.</li> <li>Tuailai chih sukha Peer Support bawl ding: Tuailai chih in mahni hinkhua ah Khrist nungzui ding a kisinsakna leh kipanpihtuahna (peer support) naktak a bawl ding: Tuailai khalam a piching zawdeuhte'n khalam a naupang zawdeuhte kizoppih ding.</li> </ol>	<ol style="list-style-type: none"> <li>Nungzuihna Bulpi, Laisiangthou pansan a kisinsakna neih ding.</li> <li>"Nungzui dinga sappa" leh "nungzuihna man" kisinsakna neih ding.</li> <li>Nungzuihna toh kisai theikheltheihthe genchet ding. Etsakna: saptuam member hihna leh Khrist nungzui hihna. Pianthakna leh nungzuihna a kizopdan.</li> </ol>



MARCH - APRIL

THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>KHRIST NUNGZUI TUAILAI (SDG1&amp;3)</b></p> <p>Tuailaite Khrist nungzui hihna hinkhiatpih dinga kisinsakna leh kihanthawanna neih ding. Khrist ziak a chituam leh vaal ngam ding khop a nungzuihna man leh nungzuihna poi-mohna kitheihchet-sak a, kithalawptak a zui ding a kalsu-ankhawm ding.</p>	<ol style="list-style-type: none"> <li>1. Khrist nungzuihna mimal a pat ding.</li> <li>2. Khrist Nungzuihna tuailaite'n inkuan/insung, khotang leh i si-amsinna/nasepna ah zop ding.</li> <li>3. Nungzuihna man theihchet ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Nungzui Hinkhua Kik-upkhawmna Hunpi neih ding: Hinkhua ah Jesu Khrist nungzui a, Amah hatna muang kawm a nungzuih didan kikup-khawmna leh theihbeh semna ding a kisinsakna hun BYF kikhopnate hiam, seminar, workshop, training te tungtawn hiam, ahihkeileh Bible Study, laibu leh article te tungtawn a "Nungzui Hinkhua" suutkhawm lai ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Mahni insung leh sepna mun a mohpuaknate Toupa Jesu nungzui i hihna pansan a lungkim leh ginomtak a sepkiat ding ahihdan kisinsakna neih ding.</li> <li>2. BYF kikhopnate ah tuailaipihte khat leh khat toh kitheih-tuahna leh kipanpihtuahna a tamsem theihna ding a mimal hinkhua leh Khrist toh kituahna-te genkhiakna (testimony sharing)</li> <li>3. Nungzuihna tungtawn a tuailaipihte khat leh khat kikal ah Khrist min a kizopna hoihsem bawlkiak ding.</li> </ol>



Rom 11:36; 12:20-21,  
Mark 10:17-22, Luke  
9:23; 14:25-27, Jos.  
24:15, Efe. 2:10, Kol.  
3:12-15, 1 Kor. 13:4-8,  
Gal. 6:2, Pau. 3:11-12.

2. Itna leh Nnaohih sep a Khrist nungzuihna lahkhiat ding: Nungzui hinkhua lahkhiakna ah niteng-hunteng a mihinpihte tung ah Pathian hoihna lakkhetu a pan sawm ding.
3. Midang hinkhua sukkhak dan kisinsak ding: Tuailai-pih dangte hinkhua sukha thei ding a Khrist nungzuih a poimohna kisinsak ding: mahni kimangngilh a Khrist nungzuihna, niteng Khros pua a Khrist nungzuihna chihte pansan a Group Discussion leh Workshop te neih ding.

4. Khrist nungzuihna a “ngaihdamna” a loutheilou ahihdan kisinsakna neih a, sepkiak ngeingei na ding a thupukna hun bawl ding.
5. Social Media tungtawn bang, fellowship circles, youth retreat, outreach fellowship chihte pansan a nungzui hinkhua lahkhiak, kisinsak leh tuailai-pihte kiang a piaksawna neih ding.
6. Peer support, secret-buddy, prayer partner, siblings support chihte mahni lemtan bang chiat a patkhiak a tuailaite khat leh khat nungzuina leh nungzui bawl na ah kilamtouh ding.



MAY-JUNE

THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>KHOTAANG DAMSAK KHRIST NUNGZUI TUAILAI (SDG2)</b></p> <p>Jesu Khrist a kibulphuh itna leh thutak a zungkai khotaang i poimoh uhi. Kisinsakna i neih zahzah khotaang a gahkhiaksak ding tuailaite' mohpuak ahi. Khotaang a kithuahkhawmna leh kisinsaknate leng Pathian' pomtak hiding a panlak ding. Nungzuibawl na kithuahkhawmna a kipan ahi.</p> <p>Nas. 2:42-47, Matt. 6:33; 22:37-40, Rom.12:2-5, 2 Kor. 10:3-5, Gal. 3:28; 6:1-2; 9-10, Efe. 2:10, Fil. 2:1-4, Kol. 3:11, Heb. 10:24-25, Jak. 1:27, 1 Pet. 4:8-11, Eccl. 4:9-12</p>	<ol style="list-style-type: none"> <li>1. Tuailaite'n khotaang ah Khrist nungzuihna lahkhiat ding.</li> <li>2. Tuailaite khotaang ah thanuamtak a kihel a, kihelna munpeuh nungzuibawl na mun suahsak ding.</li> <li>3. Khristian Inkuan tungding ngeingei ding a kihanthawn leh kisinsak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. I tualsung saptuam in a hua-mkhak CSO te vehna leh khalam a kithuahkhawmna hun neih ding. Amaute toh pangkhawm a itna nasep sepkhiat theih a omleh sepkhawm ding.</li> <li>2. Kongzing a thugenna leh phatkhawmna sai ding.</li> <li>3. Zi leh Pasal dinmun leh mohpuaknate Laisiangthou pansan a kisinsakna neih ding: Khristian Inkuan tunding ding-inkuan chidam in khotaang chidamsak ding.</li> <li>4. I niteng hinkhua chiat ah mihinpihte lak a Khrist itna leh hoihna lakkhetu a pang ding a kisinsak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Ki-itna leh itna nasep toh kisai a tuailaite'n khotaang adia hihtheih bangbang sepkhiat ding.</li> <li>2. Vengsung-khosung hahsiang, damdawi inn hahsiang, sisan piakna neih, Traffic Dante zuiding a kisinsakna leh hanthawmna neih, sing-leh-gua leh luiguamte kepbitna leh hahsiangna neih, chihte sepkhiat theih ahi.</li> <li>3. Tuailaipih tanse zawte lak ah itna nasep tungtawn a Khrist nungzui dia chialna neih ding.</li> </ol>



THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>“LEMNA BAWLTU” TUAILAI (SDG2)</b></p> <p>Tuailaite a ding a Toupa Jesu Thupiak “ki-ittuah ding” chih ahi. Tuailai chih in Khrist itna tungtawn a midangte toh kizopna hoih neihding tuppipen a i koihding ahi. Tuailaite kal a kimelmakna; kideidanna leh kingaihdamlouhna chihte’n mun a neihlouh ding ahi. Khrist sik a “Lemna Bawltu” tuailai hingeingei ding a kalsuan ding ahi. Tua ding a kisinsakna leh kilamlahna neih ding.</p> <p>Matt. 5:9; 23-24; 6:12-15; 18:15-17, Efe. 4:31-32, Kol. 3:12-17, Rom. 12:17-19; 20-21, 2 Kor. 5:18, Jak. 5:16, Pau. 15:1.</p>	<ol style="list-style-type: none"> <li>1. Tuailaite’n kilemkina leh kingaihdamna nasep ei hihtheihna munpeuh ah pat ding.</li> <li>2. Khotaang ah tuailaite “Lemna Bawltu” a pan ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Laisiangthou pansan a Lemna Bawldan kisinsak ding: Tuailai kikhopna hunte hiam, a tuam a hunbikhiah hiam ah thubuui-labuui om hun a Jesu Khrist hon sinsakdante pansan a Lemna, Kingaihdamna leh Pathian Itna tungnunsakding dante kisinsakna hunte saiding.</li> <li>2. Nungzuihna tungtawn a mihinpihte deidan neilou a Pathian Itna leh a Kumpigam thupina lakkhetu a tuailaite pang ding a kisinsak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. “Lemna bawlte a hampah uh” chih thupi a nei a kithuahkhawmna, biakkhawmna hun sai ding.</li> <li>2. Lemna Bawlina toh kisai kisinsakna neih ding: mimal leh mimal, pawl leh pawl, nam leh nam kikal a lemna bawldan kisinsakna hun zat ngeingei ding.</li> <li>3. Khotaang a Lemna toh kisai Poster Campaign leh content creation/ reels chihte tuailai pawl in sai ding.</li> </ol>



**SEPTEMBER - OCTOBER**

THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>“KHAMANGTHANG MAN” TUAILAI (SDG3&amp;4)</b></p> <p>Toupa Jesu’ Nnagot Thupi sepkhiatna a kalbi masa tuh khamangthang matna ahi. Hiai gingtute tengteng sepding a Toupa’n hon nawtsiat nna ahi. Tuailaite’n theihtawp suah a khamangthang man ding a panlakthak ding. Saptuam in a sai NDPN leh Global Missions te a kihelkhakchiat sawm ding.</p> <p>Matt. 5:14-16; 28:19-20, Luke 19:10, Johan 3:16, Nas. 1:8; 17:17; 18:4, Rom. 10:14-17, 1 Kor. 12:15-26, Jude 20-25.</p>	<ol style="list-style-type: none"> <li>1. Tuailai chih in khamangthang thumpih ding sehtuam neih ding.</li> <li>2. Tuailai member chih in khamangthang matna na sepding.</li> <li>3. Ginglounge toh kisukha tuailaite’n hinkhua, omdan, thilpiak leh nasep ah Pathian mel dawksak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Lawm-leh-vual, seppih ginglou leh piangthakloute lak a “Tanchinhoih Theihpihtu” a pangthei chiat ding a kisinsakna neih ding.</li> <li>2. BYF Day Khamangthang Matna Hunpi a zat ding; Hotdamna leh Nungzuihna Chialpi nei thei liai te’n neih ding.</li> <li>3. Tuailai chih in Missions nasepna ah panlakna khatbek neih sawm ding: Missions nasepna ah tuailaite tamsem lamchituamtuam ah kihelna di’a panlak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Tuailai chih September-October kha sung a khamangthang khatbekkiang a Tanchinhoih Theihpihtu a pan ding.</li> <li>2. Vengsung a namdang ginglounge lak a Tanchinhoih Thu puak ding: Gospel Tract hawmna, itna nasep tungtawn a kithuapihna chihte neih ding.</li> <li>3. Missionary te hanthawanna ding a itna thilpiak leh hanthawanna laithon khak chihte sepkhiat sawm ding.</li> </ol>



THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>“KHRIST NUNGZUI BAWL” TU-AILAI (SDG1)</b></p> <p>Khristian tuailaite Nungzuihna nasep ah kibulphuh a, nungzuibawl na nasep in i hinkhua ah khuam poimoh pen a luah ding. I niteng hinkhua leh hunzatdan in Khrist mel a lahkhiat a, i sukkhak mite’n ei tungtawn a Khrist phawka a neih ding uh ahi. Nungzuihna tungtawn a Pathian mai zong a, huai apan hong gahsuah damna, lungkimna leh kipahna en i muh ding.</p> <p>Matt. 28:18-20, Mark 16:15, Johan 1:45; 15:16-17, 2 Kor. 10:16-18, Efe. 4:12-16, Kol. 1:28-29, 2 Tim 2:1-2, Heb. 6:1-3.</p>	<ol style="list-style-type: none"> <li>1. Khrist Nungzui Bawl tuailaite’n lam chiteng a Toupa Jesu nungzuibawl na nasep hinpah a sutzop ding.</li> <li>2. I hinkhua in Khrist itna a lahkhiatna tungtawn a midangte hinkhua a sukkhak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Tuailai pawl in i nasepna leh kalsuanna lam tuamtuan ah nungzuihna tungtawn a tuailai pawl dinsante sep suahna zunzom tou ding a kihanthawna hun neih ding.</li> <li>2. “Khrist Nungzuibawl Tuailai” chih thupi in mimal a hon sukkhakdan kikupkhawmna/houlimna hun tuailai pawl in neih ding: Hiai hun ah i lohchinnate, kipahnate, lohsapnate leh haksatna i tuahte kikupkhawm a, kihong tak a tuailaite’n houlimna hun zat ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. Tuailaite’n mundang deuh ah kithuahkhawmna; retreat/camping hun neih a, hiai hun ah “Nungzuibawl na” i muhdante thovengtak a kikupkhawmna hun zat ding.</li> <li>2. Khristmas hunpi kisakkholhna pattheih: naupangte et leh theihshiam theih ding “Khristmas Skit” lahkhiatna ding a kisakkholhna pattheih ta.</li> </ol>



DECEMBER

THUPI	TUP	SEPKHIAK DING DAN	ACTIVITY LAMLAHNA
<p><b>PATHIAN PHATKHAWM TUILAI (SDG5)</b></p> <p>Khrist nungzuihna leh nungzuibawlina a poimoh mahmah tuh kipahtheihna leh Pathian kiang a kipahtugenna ahi. Tumging leh awte sua khia a Pathian phatkhawmna hun manphate zatkhawm a, Pathian a dinga gimnamtui biakna piak ding. Mimal a kipahtugenna, nna hoih sep tungtawn a kipahtugenna leh BYF pumpi a kipahtugenna hun manpha zat ding.</p>	<ol style="list-style-type: none"> <li>1. Toupa hoihna phatkhawm ding.</li> <li>2. Itna Nasep tua mtuamte tungtawn a Pathian pahtawi ding.</li> <li>3. Kum khat sung a i nasepkhiakte tungtawn a Pathian thupina leh lalna piak ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. EBC sung veng tuamtuum a tuailaite kivehtuah a Pathian phatkhawmna hun neih ding.</li> <li>2. Tuilai kikhopnate ah Testimony genkhawmna, thumkhawmna leh Pathian kianga kipahtu genkhawmna hun zat ding.</li> </ol>	<ol style="list-style-type: none"> <li>1. BYF committee in tukum nasepte etikna hun khat neih ding: nungzuihna leh nungzuibawlina, itna nasep chihte ah masawn dan chiamteh ding.</li> <li>2. Winter Meet neitheite'n hiai hun ah tukum sung nasepte puankhiatna leh Pathian kianga kipahtu genkhawmna zat ding.</li> </ol>



Rom 11:36, Fil. 4:4-6, 1 Thess. 5:18, Heb. 12:28, Psalm 78:4-7; 100:1-3; 103:1-4; 107:1, 1 Kro. 16:34..

4. Tukum nasep leh sinsak-nate etkikna hun zat ding. Khrist Nungzuibawlna a lungtunhuai hiam chih kiveelna hun zat ding.

3. BYF committee in tukum sung i nasepte etkikna leh puankhiatna neih ding: Kum khat sung i nasepkhiakte etkikna leh kivelthakna neih a, huai hun ah nungzuihna toh kisai a i muhsuahte, halhthakna leh kipahna i neihte testimony genkhawmna Circles, fellowship, biak-khawmna, phatkhawmna hun ei lemtang bangbang neih ding. Huai tungtawn a kumnawn kalsuan dingdan gelkhawm a kisakkhawlna neih ding.

3. Saptuam' Khrist-mas vaiguan ah tu-ailaite'n naupangte' et leh theihshiam theihding a "Khrist-mas Skit" lahkhiat sawm ding.



BYF THUPI 2026

# Khrist Nungzui Bawl Un

— \\ MATTHAI 28:19 // —

EVANGELICAL BAPTIST CONVENTION